

## Ways to Learn More About a Diagnosis

Ask the treating clinician for more information

Understanding Mental Disorders Your Guide to DSM-5

(<https://www.psychiatry.org/patients-families/understanding-mental-disorders>)

American Academy of Child and Adolescent Psychiatry Facts for Families Guide

([http://www.aacap.org/AACAP/Families and Youth/Facts for Families/AACAP/Families and Youth/Facts for Families/FFF-Guide/FFF-Guide-Home.aspx](http://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/AACAP/Families_and_Youth/Facts_for_Families/FFF-Guide/FFF-Guide-Home.aspx))